

## Recipe for Homemade Meatballs

## Ingredients

1 lb Ground Beef

1 lb Italian Sausage

4 eggs

1 C parmesan Cheese

1/4 c parsley

2 cloves of garlic, crushed

1 tsp oregano

2 tsp salt

1/2 tsp pepper

3/4 c bread crumbs

## Directions

## Preheat oven to 300

Mix all ingredients together

Form into small balls
(I use an ice cream scooper to help make uniform balls)

Bake 30 minutes on parchment lined pan
(I use a jelly roll pan or a pan with sides to keep grease from running off)

Use to make meatball subs or Spaghetti & Meatballs Freeze the leftovers for a last minute dinner